

Finding New Ways Of Living Together Now That We are Awakening!

- 1. <u>Listening –</u> Listen to the needs of others and try to adapt your knowledge to their needs.
- 2. Don't be swayed by the stronger personality, but take in the information, simulate it, and make your own evaluation.
- 3. <u>Understand</u> Each individual has purpose and something to contribute --- and—we are all together for a reason that will benefit each of us.
- 4. Help others understand the needs of the others in the group.
- 5. Try to solve a problem instead of "buy into" the drama.

I have taken a lot of courses over the recent years, and I don't know who said this, but it is a great way to approach living our lives socially consciously.

Thank you for reading.
Wishing you all the best of everything.
Debbie Foster